# Course Inventory Change Request

## New Course Proposal

Date Submitted: 02/11/15 1:09 pm

Viewing: **PEHR 3400: Activity Programming for Special Populations**

Last edit: 02/18/15 11:18 am

Changes proposed by: lwright

<table>
<thead>
<tr>
<th>Course Prefix:</th>
<th>PEHR</th>
<th>Course Number:</th>
</tr>
</thead>
<tbody>
<tr>
<td>3400</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Effective Semester:</th>
<th>Fall 2015</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Department:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Consumer Science &amp; Physical Education, Health, &amp; Recreation (FAPE)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>School:</th>
</tr>
</thead>
<tbody>
<tr>
<td>School of Education</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Course Title:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity Programming for Special Populations</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Short Course Title:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity Program for Spec Pop</td>
</tr>
</tbody>
</table>

## Approval Path

1. 02/11/15 1:16 pm
   Linda Wright (lwright): Approved for FAPE Chair

2. 02/18/15 8:32 am
   Robyn Whipple (whipple): Rollback to FAPE Chair for EDU Admin

3. 02/18/15 11:18 am
   Linda Wright (lwright): Approved for FAPE Chair

4. 02/18/15 4:42 pm
   Robyn Whipple (whipple): Approved for EDU Admin

5. 02/19/15 1:45 pm
   Brenda Sabey (sabey): Approved for EDU Dean
Credits: 3
Workload Factors: 3
Primary Grade Type: Standard Letter
Secondary Grade Type: 
Instructor Permission Required: No
Repeatable for Credit: No
Schedule Type: Lecture Hrs/Wk: 3
Catalog Prerequisites? No
Corequisites? No
Course/Lab Fee? No
Instruction Index Code: FED 100
GE Status Requested: No
Catalog Description
A comprehensive look at providing high-quality fitness, physical education, sport, and outdoor adventure experiences for individuals with disabilities. Students will learn best practices and applications for inclusion in classroom settings, as well as discover how to develop individualized fitness, competitive sport, and outdoor adventure experiences for individuals with special needs. This course is required on most Exercise Science and/or Kinesiology degree plans. It is also pre-requisite for many graduate programs in Exercise Science.
Course Rotation:
Fall (every)
Justification for course/change:
This course is required on most Exercise Science and/or Kinesiology degree plans. It is also pre-requisite for many graduate programs in Exercise Science.

Library Resources Adequate: Yes
Tech Resources Adequate: Yes
Comparables Courses:
(use USHE course first)

<table>
<thead>
<tr>
<th>Institution</th>
<th>Prefix/Number</th>
<th>Credit(s)</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>UVU</td>
<td>PETE 3450</td>
<td>3</td>
<td>Special Populations in Physical Education</td>
</tr>
<tr>
<td>SUU</td>
<td>PE 3090</td>
<td>3</td>
<td>Adaptive Physical Education</td>
</tr>
<tr>
<td>U of U</td>
<td>PETE 3600</td>
<td>3</td>
<td>Special Physical Education</td>
</tr>
</tbody>
</table>

Course Learning Outcomes:
- Course content is greatly influenced by the Individuals with Disabilities Education Act (IDEA), as well as the National Standards for Adapted Physical Education. Knowledge and skills gained from this course will help teachers, schools, trainers, and agencies develop and implement individualized/group activity lessons, as well as adapted physical education programs, consistent with federal regulation.

By the end of the course students will be able to:
1. demonstrate an understanding of the meaning & history of adapted physical education;
2. demonstrate an understanding of the laws important to adapted physical education and sport;
3. demonstrate an understanding of curriculum planning as well as program organization and administration related to interscholastic models as well as community-based models for adapted physical education/activity and sport;
4. demonstrate the knowledge and skills to prepare an Individualized Education Program (IEP) document;
5. demonstrate an understanding of methods of assessment for adapted physical education;
6. demonstrate an understanding of behavior management and instructional strategies for Adapted Physical Education and Sport;
7. Demonstrate an understanding of the unique needs of individuals, as well as developmental considerations when planning for activity.
8. Demonstrate knowledge of competitive venues for athletes with special needs.
9. Demonstrate knowledge of venues for outdoor adventure programs for individuals with special needs.

How do your Course Learning Outcomes align to your Program Learning Outcomes?

Course Objectives
- demonstrate an understanding of curriculum planning as well as program organization and administration related to interscholastic models as well as community-based models for adapted physical education/activity and sport
- demonstrate an understanding of methods of assessment for adapted physical education

Exercise Science Program Objectives

https://newcatalog.dixie.edu/courseleaf/courseleaf.cgi?page=/courseadmin/1593/index.html&step=tcadiff
optimize teaching and coaching methodology, focused on fitness and or skill development, for group fitness settings, athletic and recreational teams, as well as physical education classroom environments implement, conduct, and interpret fitness assessment protocols for healthy and at risk populations that maximizes participants’ safety and minimizes risk

Schedule of lesson activities that meet Course Learning Outcomes

Course Outline:

- Introduction to Adapted Physical Education and Sport
- Program Organization and Management
- The Adapted Sport Program
- Measurement, Assessment, & Evaluation
- Individualized Education Programs
- Behavior Management and Instructional Strategies
- Exam 1
- Intellectual Disabilities & Behavior Disorders
- Autism Spectrum Disorder & Specific Learning Disabilities
- Visual Impairments, Hard of Hearing, Deaf, Deafblind
- Cerebral Palsy, Traumatic Brain Injury, & Stroke
- Amputations, Dwarfism, & Les Autres
- Spinal Cord Disabilities
- Exam 2
- Other Health Impaired Conditions
- Developmental Considerations
- Perceptual-Motor Development
- Infants, Toddlers, & Early Childhood Adapted Physical Education
- Health-Related Physical Fitness Activity for Individuals with Unique Needs
- Rhythmic Movement & Dance, Aquatics, & Team Sports
- Individual, Dual, and Adventure Sports/Activities
- Winter Sport Activities
- Enhancing Wheelchair Performance
- Final Exam

Assessment activities that provide evidence of student learning

- Average of chapter quiz grades 100 possible points
  - Exam 1 100 points
  - Exam 2 100 points
  - Exam 3 100 points
  - Lesson Prep. & Teaching Assign. 50 points
Service Project 100 points
Adapted Sport Presentation 50 points
Total Possible Points 600

Course Reviewer
Comments
whipple (02/18/15 8:32 am): Rollback: Change course description per SCC