Course Change Form

Date of Request: January 27, 2010
Page 1 of 1

Course Addition

Originator: John Jones
Department: Psychology
Replacement Course ID: Prefix & Num.: PSY 3460

1. Course Title: Health Psychology

2. Pre-requisite(s): PSY 1010
   Co-requisite(s): Instructor permission required: No
   *LEC: 3.00
   *LBC w/cr: 0.00
   *LNC w/no cr: 0.00
   Credits: 3.00
   Clinical: 0.00
   Practicum: 0.00
   Independent Study: 0.00

3. Semester to be Implemented: Fall, 2010
   Day ☑
   Extended Day ☐
   Grade type: Regular

4. Cost Code: SOC103
   Lab Fee: $0.00
   Additional Fees: $0.00
   Potential WLF: 3.33

Explaination of Fees:

5. Is this course designed for a specific group? No
   Who?

6. Catalog Description: ☑ Now in Print, or ☐ Proposed Below:
   Health psychology examines the relationship between psychosocial factors and health. This course will provide a broad overview using the basic concepts, theories, methods, and applications of health psychology. We will critically examine state-of-the-art research as well as current gaps in knowledge to explore topics including: definitions of health and illness, stress and coping, health behaviors, how the mind influences specific physical health conditions and vice versa, patient-practitioner relations, and health promotion. Emphasis will be placed on the ways psychological factors interact with the social, cultural, economic, and environmental contexts of health. Prerequisite: PSY 1010. 3 lecture hours per week.

7. Course justification (attach sheets if needed):
   This is a common elective course in four-year psychology programs, and is in line with courses taught in other Utah universities.

8. Are library resources adequate to support this change? Yes
   If not, how are those resources to be acquired?

9. Are technical and other resources available? Yes
   If not, how are those resources to be acquired?

10. Relationship to the curriculum: Would the course fill a G.E. requirement? No
     If yes, which G.E. area?
     If it does not fill a G.E. requirement, would the course offer elective credit? Yes

11. Transferability of the course: List comparable courses at other colleges and universities:

<table>
<thead>
<tr>
<th>G.E.</th>
<th>Elective</th>
<th>Course Title</th>
<th>Credits</th>
<th>Prefix &amp; Num.</th>
<th>Institution</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐</td>
<td>☑</td>
<td>Health Psychology</td>
<td>3</td>
<td>PSY 3460</td>
<td>U of U</td>
</tr>
<tr>
<td>☐</td>
<td>☑</td>
<td>Health Psychology</td>
<td>3</td>
<td>PSY 3650</td>
<td>SUU</td>
</tr>
<tr>
<td>☐</td>
<td>☑</td>
<td>Health Psychology</td>
<td>3</td>
<td>PSY 3110</td>
<td>USU</td>
</tr>
</tbody>
</table>

Approval Signatures:

Department Chair: Adriana Cruce          Date: 2/7/2010

Associate Dean/Dean: Sue Bennett        Date: 2/15/2010

Curriculum Chair: ____________________ Date: __________

Academic VP: ______________________ Date: __________