Course Revision

1. Course Title: Methods in Healthy Lifestyles and Physical Education
   Prefix & Num: ELED 3500

2. Pre-requisite(s): Acceptance into ELED program
   Co-requisite(s): ELED 3505
   Class Hours/Week: *LEC: 3.00 *LBC w/cr: 0.00 *LNC w/no cr: 0.00 Credits: 3.00
   Clinical: 0.00 Practicum: 0.00 Independent Study: 0.00

3. Semester to be Implemented: Spring, 2009 Day ☑ Extended Day ☐ Grade type Regular
4. Cost Code:
   Lab Fee: $0.00 Additional Fees: $0.00 Potential WLF: 0.00
   Explanation of Fees:

5. Is this course designed for a specific group? Yes ⬜ No ☑ Who? Elementary Education Students

6. Catalog Description: ☐ Now in Print, or ☑ Proposed Below:
   This course develops the knowledge, skills, and dispositions necessary to teach healthy lifestyles and physical education to elementary-aged children. The purpose of the course is to enable prospective teachers to plan, implement, and evaluate lessons that address healthy lifestyles and physical education objectives of the curriculum for elementary students. Students will practice their skills in a practicum in the public schools. Three lecture hours per week. Prerequisite: Admission to the Dixie State College Elementary Education Program.

7. Course justification (attach sheets if needed):
   In order to accommodate the additional courses needed for the addition of Kindergarten to our certification range, we needed to combine the PE course and the Healthy Lifestyle courses. Each one of them were 2 credits. We combined them into one 3 credit course.

8. Are library resources adequate to support this change? Yes ☑ If not, how are those resources to be acquired?
9. Are technical and other resources available? Yes ☑ If not, how are those resources to be acquired?

10. Relationship to the curriculum: Would the course fill a G.E. requirement? No ☑ If yes, which G.E. area? ☐ If it does not fill a G.E. requirement, would the course offer elective credit? No ☑

11. Transferability of the course: List comparable courses at other colleges and universities:

<table>
<thead>
<tr>
<th>G.E. Elective</th>
<th>Course Title</th>
<th>Credits</th>
<th>Prefix &amp; Num.</th>
<th>Institution</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ ☐ PE Methods and Activities for Teachers</td>
<td>3 ☑</td>
<td>PE 3900</td>
<td>SUU</td>
<td></td>
</tr>
<tr>
<td>☐ ☐ Health Education for Elementary Teachers/Teaching PE in Elementary Schools</td>
<td>3/</td>
<td>HLTH 3100/PES 3400</td>
<td>UVSC</td>
<td></td>
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<tr>
<td>☐ ☐ Health Education in Elementary Schools/Physical Education in K-6</td>
<td>3 ☑</td>
<td>HLTH 4300/PEP 3630</td>
<td>WSU</td>
<td></td>
</tr>
</tbody>
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Approval Signatures:

Dean: [Signature] Date: 4/7/08
Academic VP: [Signature] Date: [Signature] Date: [Signature]