

DATES TO REMEMBER

- 1/9 **Class work begins**
- 1/11 Last Day to add classes w/o instructor permission.
- 1/13 UTAH APRIRE Scholarship due.
- 1/16 Human Rights Day (No School)
- 1/17 Drop/Audit fee begins \$10 per class.
- 1/24 \$50 late Registration fee. **DSC will drop classes for non-payment**
Last day for re-fund of tuition and fees.
- 1/31 Pell Grant Census Date
Last day to drop without "W"
Courses dropped for non-payment
Spring Graduation Application deadline
- 2/3 Last day to ADD classes
- 2/20 Presidents' Day (No School)
- 2/21 Block Courses Begin.
- 2/27 Mid-Semester Grade Checks Due.
- 3/2 Last Day to DROP/AUDIT classes
- 3/12-16 Spring Semester Break.
- 4/6 Last Day for Complete Withdrawal.
- 4/26 **Last Day of Classes**

Mace Jacobson of the Registrars' office has been selected to replace Susan Garner who transferred to teach in the Development Education Department on campus. Mace just completed her bachelors degree this past December and is anxious to begin in her new advisory role with SSS. More information about Mace will be in February's Newsletter. Drop by and meet her!

Spring Semester Workshops

The SSS staff has scheduled workshops for Spring semester. In conjunction with the SSC2001 *Smart Start Seminar II* class, any SSS student can attend any session for workshop credit. The workshops are held each Thursday at noon in NIB rm 144. Some workshops will be filmed and posted on the SSS web page.

Workshop topics will be presented as follow:

- 1/19 **Time Management**
- 1/26 **Color Code**
- 2/2 **Major Decision**
- 2/9 **Financial Aid and FAFSA (required for all SSS students)**
- 2/16 **Study Skills**
- 2/23 **Writing the Scholarship Letter**
- 3/1 **Campus Safety**
- 3/8 **Diversity**
- 3/22 **Student Graduation Plan Part I**
- 3/29 **Financial Literacy**
- 4/5 **Student Graduation Plan Part II**
- 4/12 **Careers: Resume and Cover Letter**
- 4/19 **Millennial Student**
- 4/29 **Stress Management and prevention**

As a continuing SSS participant, you must attend a workshop each semester.

Students have the option to attend any one of the workshops offered on Thursdays. **A schedule of workshops will be listed on the bulletin board outside the SSS offices.** The workshops are open for new and returning SSS students. Remember, to keep your active status in SSS, you must attend or watch the video of at least one workshop each semester.

APPLY FOR GRADUATION

YOU MUST APPLY FOR GRADUATION!

Any student who plans to graduate from Dixie State College must apply for graduation. Graduation does not automatically occur.

All candidates for graduation must complete an on-line application form and have an interview to be cleared for graduation. The web site is:

<https://www.dixie.edu/graduation/>

Jonathan Morrell can clear you for graduation. Graduation applications are being processed now for Spring and Summer graduation.

Application deadline for Spring Semester graduation is January 31, 2012.

Earn While You Learn

If you are working while attending college and would like to pick up from one to three credit hours, then CO-OP Education may be just the thing for you. It is a great way to add elective hours to beef up your GPA or credit hours.

What is Cooperative Education? It is a special academic program which allows students to blend course work with related work experience.

How does Co-Op work? Supervised individually by an Instructor/Coordinator, the student participates in a three-way learning agreement involving student, employer, and the college.

What are the benefits to students? It encourages career exploration, increases employability and earning power, and increases potential for job advancement. It will also defray the cost of college expenses while earning college credit.

For more information on how to enroll, see Karl Hutchings in the Career Center (located next to the Financial Aid Office) or call 652-7668 or 652-7669. You may request one of the SSS advisors as your Co-Op advisor.

WORRY REMEDY

If you remember back, you'll remember that you were always happiest, the most content, after you finished a difficult project or took care of something you were worrying about.

Things are never as bad as you think, and the joy that comes from the accomplishment makes everything worth while. "Work never killed anyone — it is the worry that does the damage." Worry disappears when we just settle down and do the work!

UTAH INSTITUTION DEADLINES

	Transfer Scholarships	Admissions
BYU	Feb 1	Mar 1
BYU Hawaii	Mar 1	Mar 1
BYU Idaho	Mar 1	Mar 1
SUU	Apr 1	Apr 1
UofU	Apr 1	Apr 1
USU	Apr 1	July 1
UVU	Feb 1	Aug 1
Weber State	Mar 11	Apr 1

NEWS YOU CAN USE

GET YOUR GRADES ON-LINE

1. Go to Dixie's Home page (www.dixie.edu)
2. Select "my DIXIE" (top right corner)
3. Select "Enter Secure Area"
4. Enter user Dixie ID# (banner ID)
5. Enter your Pin/Password
6. Select Student
7. Select Student Records
8. Select Final Grades
9. Select the term you would like to view.
10. Your grades will display along with your current GPA
11. Click on the Exit.

Small Group Tutoring Available For Spring Semester

After reviewing Fall Semester grades, the SSS staff noticed that some students are not taking advantage of the FREE tutoring that is available for SSS students.

Tutoring can make the difference in raising your grade from a D to a B. SSS can arrange tutoring for up to five hours each week.

Contact Mace Jacobson to set up your one-on-one tutoring for Spring semester. Her office is NIB #101, 652-7649 or jacobson@dixie.edu.

TUTOR positions are available: If you have a B+ or better GPA and would like a tutoring position with SSS, Please see Mace. Applications are being take for tutors in all subject areas. SSS tutors are exceptional students who are willing to share their knowledge assisting others. They are also paid for their services!

FEDERAL FINANCIAL AID

It is not too early to think about applying for your financial aid for next fall. Whether you continue at Dixie State College or transfer to another institution, we can help make the financial aid process less confusing and painful.

We can walk you through the required paperwork necessary for the PELL, SEOG, and UCOPE Grants. The February workshop will focus on financial aid.

If you qualify for SSS, you should qualify for some type of grant. We can even show you how to use the FAFSA on the Web (the grant application on the Internet). Have your FAFSA done by February 15 to receive more aid.

Remember, the early bird gets the worm and in this case.....more money!

Set up an appointment with Larry, Mace or Jonathan the last week of January or first week of February for financial aid assistance.

HOPE SCHOLARSHIP

As you prepare to pay for Spring semester, remember that the HOPE Scholarship (Federal Income Tax Credit) can help with your or your parents' tax liability. The Taxpayer Relief Act of 1997 passed by Congress allows taxpayers to claim a tax credit for some tuition and fees beginning January 1. There are two types of tax credits available for qualified students. The first credit, called the Hope Scholarship, is available for students in their first two years of postsecondary education up to a maximum of \$1,500 per year. The credit is calculated as 100 percent of the first \$1,000 of tuition and qualified fees plus 50 percent of the next \$1,000 for each student.

The lifelong Learning Credit is available for students in any year after the first two years at a university. It is calculated at 20 percent of any tuition and qualified fees paid up to a maximum of \$1000 in tax credits for 2010. For more information about these tax credits, contact the Dixie State College Financial Aid Office at 652-7580

SCHOLARSHIP SITES

Most students are always asking about ways to get more money to go to school. Here is a very comprehensive list of scholarship sites to help you finance your education.

General Financial Aid and Scholarship Sites:

www.finaid.org
 www.fastweb.com
 www.collegeboard.org/student/pay/index.html
 www.collegenet.com/mach25
 www.salliemae.com
 www.wiredscholar.com
 www.collegeview.com
 www.collegenet.com

Specific Scholarship Sites

www.freschinfo.com	School Search
www.fafsa.ed.gov	Federal Student Aid
www.gmsp.org	Bill Gates
www.embarc.com	College Links and more
www.free-4u.com	Various
www.faam.org	Calendar, & Aid Info
www.collegequest.com	Apply to over 1200 Colleges
www.plato.org	Student Loans
www.finaid.org	Aid Estimator & Search
www.collegescholarships.com	
www.fastaid.com	Private– Sector
www.collegeboard.org	
www.chase.com/educationfirst	Bank info
www.blackstudentfund.org	Black student fund
www.uncf.org	United Negro College Fund

Start your scholarship search now for fall semester.

SSS COMPUTERS AND RESOURCES FOR YOUR USE

In Room 133 (Tutoring Center) in the NIB, there are two SSS computers in the center section of the room. These computers are for SSS participant use only. These computers have word processing software, scholarship software and internet access. They are connected to printers and are there for your use.

This area is for student use, but students who misuse these computers will not be allowed to use them.

The area surrounding the tutor check-in also has a collection of information about careers and other colleges and universities. Feel free to use all the resources available to you. If you need assistance, contact the SSS staff.

SPRING SEMESTER DSC TUTORING

DROP IN TUTORING for Math and Selected Science Courses is available to **ALL DSC** students.

Check at the DSC Tutoring Center for daily hours of operation. DSC Tutoring Center is located on the first floor of the Browning Building.

Take advantage of this FREE service.

If you received a FALL 2011 Participation Grant, you must attend two Workshops at Noon in NIB 144. See front page about workshop class credit

Talk to Larry Esplin if you have a problem.

SSS TUTORING

As an SSS participant, you qualify for FREE tutoring. Take advantage of tutoring to master your academic goals. Contact Mace NIB 101, 652-7660.

Upward Bound Tutor/Mentor

Summer Position

Application deadline 2/29
 May 30 through July 20
 \$2000 plus room and board
 Contact Craig Harter
 NIB 110
 See job description on SSS Bulletin Board

STUDY SKILLS

ARE YOU A MARGINAL STUDENT?

As you start a new semester, check your study habits:

1. Do you usually put off preparing for reports or term papers until the “last” minute?
2. Do you often miss homework assignments or procrastinate and submit late work?
3. Do you usually wait a day or more before reviewing your lecture notes?
4. Do you spend time in extracurricular activities and less time studying?
5. Do you often get behind in class because you have to study for another class?
6. Do your family and friends interrupt your study time?

If you answered “yes” to three or more of these questions, you probably need a few tips on improving your study skills. See Larry Esplin in NIB 104 for helpful study tips.

6 Tips for Making the Most Out of Studying

1. Identify the time(s) of day when studying is the most effective and schedule and prioritize your work accordingly
2. Identify the most effective time block for study. Examples: 30 minutes, 45 minutes 60 minutes.
3. Avoid studying the same subject for more than an hour at a time.
4. Alternate subjects as you study, preferable two dissimilar subjects. Example: math for 30 minutes, and then English for 30 minutes.
5. Be honest with yourself in assessing personal strengths and weaknesses. Cater your study habits to your personal attributes and aptitudes.
6. Adapt your study skills to each class, as not all courses require the same methods of study.

Come by and visit with Larry Esplin in NIB 104 if you would like more information on study skills.

CHOOSING A MAJOR AND CAREER (LOVE YOUR JOB)

There is an ultimate test for lifelong congeniality in a career, no matter what career you may have. The best recipe for a long and happy life is to be able to approach each new morning with anticipation and zest for your job, whatever it might be.

This does not mean that we are not sometimes disgruntled or frustrated, or even bored. But over the long haul, these moments are washed away by the swell of gratification at doing well what one does best.

How do you find out what type of job you'd be best suited for? One question to ask yourself is “If I could get paid to do ANYTHING, what would it be?” Then examine the possibilities. It is more important to love what you do than to pick a job because of the salary. An often used example is teaching. Most teachers choose that career because of the love of teaching and the subject and not for the money. Surprisingly, most doctors choose their field because of their love of medicine and their interest in the human body.

Remember, you will be rewarded both personally and monetarily by doing what you love.



STUDENT SUPPORT SERVICES

Dixie State College
Student Support Services
North Instructional Building
St. George, UT 84770
<http://new.dixie.edu/trio/index.php>

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Four Ways to Avoid Semester Burnout

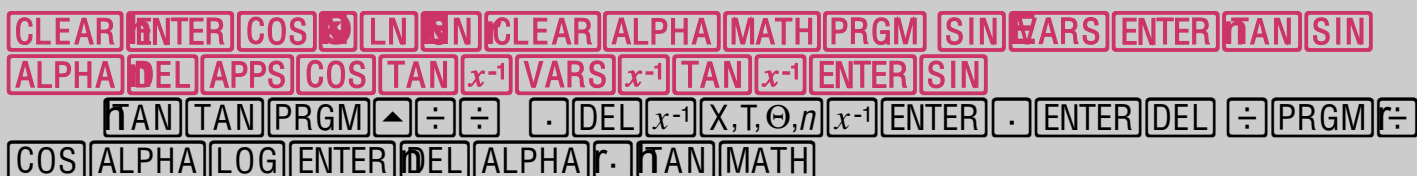
After about the ninth week of each semester, students start to complain about Semester Burnout. As we begin a new semester, there are a few things to keep in mind to avoid burnout.

1. **Pace yourself and check each class syllabus. Prepare in advance for crunch times at mid-terms and finals.**
2. **Plan for the 3-day weekends and spring break. There are three three-day weekends and a week break this semester. These days off should help break up the semester.**
3. **Don't procrastinate! Keep current on your class assignments, and have them done before they are due. What a novel thought to actually have assignments done a day or two before they are due! It not only helps you produce better work but also eliminates the stress of having to do things at the last minute.**
4. **Schedule your school work, job, play times and rest. You need a combination of all four. Remember that there are only two semesters, the same as high school, and college semesters are three weeks shorter.**

HAPPY NEW YEAR

SSS Gradation Plan

SSS will be offering assistance to help with your academic progress. We, Jonathan, Larry and Mace will be in our offices ready to assist you with your Student Graduation Plan (SGP). We will review your SGP and look at class options, instructors, and times to help you review your spring schedule and help you progress toward graduation.



Check out all the Dixie State College activities and events at:
dscsa.dixie.edu - Homebase for student involvement
dscsa.dixie.edu/clubs - Dixie State Club information
dscsa.dixie.edu/studentlife - What is going on @ DSC
www.dixieathletics.com/ - DSC Athletic site
Right2know.dixie.edu - FAQ and legal stuff
www.facebook.com/DixieStateCollege