September 18th

Finding Success in College

Want it — Find out how — Commit — Plan — Execute!

- The value of a syllabus
- The worth of self-promises
- Gaining the edge through planning
- Achieving your goals

September 25th

Time Management

If you fail to plan, plan to fail

- Organizing—a Case in Point
- Covey-Time management quadrants
- Work vs. credit load

October 9th

Study Skills 1

Scholastic Achievement Secrets

- Max Rose's 5 points for academic success
- Mr. Z's 3 R's
- The Cornell method of reviewing & note taking

October 23rd

Study Skills 2

With Professor Susan Ertel

- Listening Skills: attention span
- Learning Styles: visual, auditory, kinesthetic

November 6th

Memory Techniques

With Dr. Curt Walker, Science Dept

November 13th

Finding the Right Career for You

With Karl Hutchings, Career Center

November 20th

Effective & Efficient Reading

Skills for life

December 11th

Test Taking Techniques

With Jim Cox, Testing Center

- Conquering test anxiety
- Test-taking tips