DRIVE-IN MOVIE TONIGHT!
This is going to be just like old times! Pile a few friends in your car and come on up to the old airport tonight to see a showing of the Disney Pixar movie 'Inside Out' ... and buy some food to from a couple of the local food trucks! There will be two screens and the doors will open at 7pm with the movie starting at 8:00... so join us for a swell time!

MEGA PRIZES BINGO
We guarantee you've never played bingo like this before! Or for this many MEGA PRIZES. Come Thursday Sept 24th -- to the Gardner Ballroom at 7:30 dressed to impress and ready to play. Specialty drinks will be served. Don't bother bringing money for chips, we're playing for prizes. See you there, stay classy Dixie!

ROCK THE MALL
Which school club or organization can sing the school song the best, but in a unique and interesting way? You can find out at Rock the Mall -- Friday the 25th at noon on the Encampment Mall. The winning club will get $100.00, lunch at Pizza Factory, and bragging rights. See ya there.

HOMECOMING DANCE
Dress semi-formal, and wear your “Dixie” red. 'Shut up and Dance With Me' this Saturday, September 26th at 9:00 PM in the Gardner Plaza. The homecoming dance will be a night to remember!

THE REBEL 5K
The Rebel 5K has been a tradition during Homecoming week for years! The DSU Student Alumni Association hosts this event and gives all proceeds got towards DSU Student Scholarships. This year's 5K theme is a Run Through the Decades...60's, 70's, 80's. We invite you to dress up if you'd like in your best outfit! Prizes will be given out for best dress. When you check-in you will receive a complementary athletic t-shirt, and a chance to win tons of prizes. The event will be held on Friday, September 25 at the DSU Hansen Stadium. Check-in begins at 11:00pm and the run begins at Midnight! Entertainment will be provided! Get registered today by clicking the link below! 20$ for the community and 15$ for students. You can register at Dixie.edu/rebel5k! We hope to see you there!

FREE SUNTRAN RIDES – All this week!
DSU students can ride the Suntran buses free during homecoming week Sept. 21st – 26th

ANNUAL GRADUATE SCHOOL FAIR
Please come dressed professionally and ready to ask questions! Free pizza for all students that attend September 29, 2015 10 AM to 2 PM Gardner Ballroom B

SUPPORT GROUPS at the Health and Wellness Center
The following is a schedule of support groups that will be held this semester. The main topic is Stress and Anxiety Management. Each group will cover a different skill or technique to help you better understand and cope with stress and anxiety in a healthy way. These groups are free to all DSU students.
Time(s): 11am and 3pm (pick the best time for you!)
Place: DSU Health and Wellness Center
9/25 Relaxation techniques/practicing Mindfulness
10/2 Catastrophizing and anxiety promoting thought patterns
10/9 Contain your Worry; healthy thoughts lead to healthy behaviors
10/16 Fall Break
10/23 Balancing your life and making a plan
10/30 Process group
11/6 What is Anxiety? Change your intake!
11/13  Relaxation techniques/practicing Mindfulness
11/20  Catastrophizing and anxiety promoting thought patterns
11/27  Thanksgiving Break
12/4   Contain your Worry; healthy thoughts lead to healthy behaviors
12/11  Balancing your life and making a plan
12/18  Process Group

POST TRAUMATIC STRESS DISORDER & ANXIETY SUPPORT GROUP
The next meeting is scheduled for 9/24/15 at 4:00 pm in #209 of the McDonald Building. If you have any additional questions, please contact Dr. Yang (yang@dixie.edu) for more information.
For additional scheduled meeting times or future seminars, please contact Ginger Alldredge (alldredge@dixie.edu) or 652-7881 in the Department of Social & Behavioral Sciences.
No official diagnosis is required.

INTERESTED IN INTERNATIONAL SERVICE?
Interested in international service? Youthlinc is now accepting applications for our 2016 Service Year. Students contribute local service and take leadership roles in planning education, community health, business development, vocational training, and cultural exchange activities to be implemented in small villages in Cambodia, Guatemala, Kenya, Madagascar, Nepal, Peru, and Thailand next summer. Adults mentor students and travel with the team. Application deadline: October 7, 2015. Visit our website www.youthlinc.org Email office@youthlinc.org or call 801-467-4417 for more information. A Guatemala team is forming and DSU students can be part!

MARATHON VOLUNTEERS NEEDED!
St. George City Marathon is in need of volunteers for this year!! There are various duties in the finish line recovery area product distribution under Jennifer Vigil as Captain. Recovery Area Medical Ushers, chocolate milk, water, yogurt, fruit, coke, toilets and blankets, and more. Please go the link below and register in one of these areas. Each captain is in charge of their location to find volunteers. We are short this year so please sign up and help for a few hours. This is a huge event for St. George and is “like no other!” Marathon. http://www.stgeorgemarathon.com/volunteer/form_2015.php If you are unable to volunteer on Saturday, October 3, we are in need of Volunteers for the “I AM ABLE” & “KIDS RUN” Events on Friday, October 2 from 5:30 – 7:30 pm. The “I Am Able” event is for the Special Needs individuals in our area and we would love to have as many helpful adults there as possible. If you want to contact the Captain - Jeramie Murray - email: Jeramie.murray@sgcity.org.

DSU -- LEGISLATION DAY
October 13th from 2:00 to 4:00 p.m.
This is an opportunity for students from different departments to present ideas of things they would like to do, have, or go to, to improve the academic experience for themselves or for a group of students in a represented DSU department. Students can register by clicking the following link to apply for a position in the competition.
https://goo.gl/HkJJUUm
Anything goes in regards to what you present, and feel free to be as creative as you want in your presentation. Follow the link for more details on format, fund allocation and remember IT’S FREE MONEY. We look forward to seeing you there!

DSU PERFORMING ARTS
DSU Symphony Band: Friday, October 2 at 7:30 p.m. Tickets for general admission is $5 and for DSU students $1 with ID.

PARKING
All motor vehicles parked on campus must display a valid Dixie State University parking permit. You can buy your pass online [www.dixie.edu/parking](http://www.dixie.edu/parking) or in person at the Burns Arena. To register your vehicle, you will need your university D-number and also your vehicle license plate number. Office Hours: Monday-Friday 8:30am to 4:00pm at the Burns Arena. For more information please see [www.dixie.edu/parking](http://www.dixie.edu/parking)

**GRADUATION DEADLINES**
Meet with your advisor for a degree audit!
Associate’s degree (Fall 2015) application is due October 1
Bachelor’s degree (Sp/Sum 2016) application is due November 2

**ADVOCACY FOR SURVivors OF SEXUAL ASSAULT**
The Dove Center is providing advocacy for survivors of sexual assault through the Women’s Resource Center. On Wednesdays from 3-5 p.m. in Holland #489 until December 16, 2015

**LOOKING FOR A JOB?**
Visit the DSU Career Center Digital Employment Board. [www.dixie.edu/career](http://www.dixie.edu/career) then click on “employment” and “student jobs” for an up-to-date listing of jobs currently available for students.

**SEXUAL VIOLENCE PREVENTION TRAINING**
The Dixie State University (DSU) Office of Title IX Clery Act & Compliance exists to educate and prevent gender inequity, sexual discrimination, sexual harassment, sexual abuse, and sexual assault. You can complete an online complaint form at: [https://www.dixie.edu/titleixcleryact/incident_report_form.php](https://www.dixie.edu/titleixcleryact/incident_report_form.php). We are also excited to announce that students will soon be able to receive on-line training regarding healthy relationships, and how to protect yourself or deter possible incidences sexual assault. Look for a SAFE COLLEGES invitation coming to you in the next few weeks. If you feel your rights have been violated, if you witness any of the aforementioned incidences, or if someone you know has been a victim of sexual assault, please contact Cindy Cole in the North Administration Building or by calling 435-652-7731.

**DSU WOMEN’S SWIMMING INFO**
In preparation for its debut season in 2016-17, the DSU women’s swimming program will host an on-campus informational meeting for current DSU students interested in trying out for the team. The meeting will be held on Wednesday, Sept. 30, at 3 p.m., in Room 115 of the DSU Student Activities Center (Old Gym). First-year head coach Benjamin Rae and DSU Senior Associate Athletic Director for Compliance Mo Eckroth will host the meeting and will provide detailed information about the new program, what steps must be taken to ensure student-athlete eligibility, and answer any questions. For more information, contact Coach Rae at 435-705-4848.

**THE WORKSHOP SERIES**
DSU’s Writing Center is excited to announce this fall’s Workshop Series. Fun workshop-style classes on informative topics including thesis statements, organization, and grammar will be presented by some of our awesome tutors.

**WEDNESDAY, September 16 @ 4:00 pm in HCC 471**
- _The Writing Process: How to Organize Your Way out of Hell_

**TUESDAY, September 29 @ 12:00 pm in HCC 471**
- _Thesis Statements: Say It Like You Mean It_

**THURSDAY, October 22 @ 4:00 pm in HCC 471**
- _Take Your Words to the Gym: Learning How to Write Actively_

**WEDNESDAY, November 4 @ 5:00 pm in HCC 471**
- _Unity, Cohesion, and Transitions: How to More Effectively Organize Your Ideas_
MONDAY, November 16 @ 4:00 pm in HCC 471
• Writing Professional Documents: Resumes, CVs, and Cover Letters

MONDAY, November 30 @ 9:00 am in HCC 470
• Let’s Do Some Grammar: A Simple Way to Improve Your Writing

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