DON’T FORGET TO REGISTER FOR CLASSES!

Just a friendly reminder that Spring semester begins on January 11th and registration has begun. Get registered today for your classes by going online to MyDixie (at Dixie.edu) or visiting the registration office (Holland 1 floor). If you are unclear about what classes to take, please visit with an academic advisor (Holland Building 1 floor, 652-7690), or login to MYDixie (dixie.edu) and use the Degree Works program to see what courses are remaining. Students who have registered by December 9th (one week from today) will be entered in a drawing for a $100 gift certificate from the DSU bookstore, along with other prizes! Don’t wait to figure out your work schedule - Register today and make changes later if needed.

WEDNES “D” Christmas Party – TONIGHT!
Come and enjoy great snacks, holiday activities, and watch “The Grinch” on comfortable couches in the Gardner Ballroom. Dress as a “Who from Whoville” or your version of the “Grinch” and then party with your friends tonight at 7:30 pm.

BREAKFAST WITH SANTA – Saturday
This Saturday morning (December 5th) at 9:00 am, DSUSA will be sponsoring a free “Breakfast with Santa” in the Gardner Ballroom. This is a great holiday activity for all students... but especially those with children. Come enjoy a delicious breakfast, live entertainment, a chance to visit and get a picture with Santa Claus, and then take a minute to write a Christmas letter to a member of the US armed forces.

AMERICA’S GOT TALENT – LOCAL AUDITIONS THIS WEEKEND!
"America's Got Talent” is hosting auditions in Salt Lake City and Las Vegas, and you’re invited to participate! The auditions will be on December 5th at the Salt Palace Convention Center in Salt Lake City and December 6th at the LINQ Hotel and Casino located at 3535 Las Vegas Blvd., South, Las Vegas, NV 89109. If someone from DSU does audition and advances to the TV show, please alert Jyl Hall at 652-7547 or jylhall@dixie.edu, so she can promote one of DSU’s own being on TV. This is “America's Got Talent's” first time coming to Salt Lake City and they're excited and eager to get some amazing talent from the region for season 11 on NBC! Whether your talent is wacky and weird, worthy of a Guinness World Record, a mind-blowing gifted piece of art, hilariously entertaining, or something they've never seen before, they want to see it! No act is too big or too small for AGT. Check out former acts on their youtube channel https://www.youtube.com/user/AmericasGotTalent. You are allowed to audition in multiple acts (i.e. solo singer and choir). Anyone interested in auditioning must register online http://www.americasgottentauditions.com. In addition to registering online, email AGT Casting Producer, Rayna Apploff for a first look consideration and inside tips on the audition process!

EMAIL: SUPERSTARCAST@GMAIL.COM

INFORMATION REQUIRED:
1. Name
2. Phone
3. Email
4. Your online registration # (i.e. 1111-11-11111)
   ** Once you’ve registered, it is suggested you email your online registration # to superstarcast@gmail.com
5. Talent (i.e. singer, dancer, juggler etc.)
6. Video(s) showcasing your talent
7. Photo(s) *optional*

IMPORTANT: Be sure to include how you heard about the casting event — (Through Dixie State University).
All acts auditioning will have up to 90 seconds to wow producers. You should walk into that audition room prepared and like you are walking onto the AGT stage. They audition so many people in a day and you don’t want to lose the attention of producers, so be sure to front load your talent — wow the producers with your best stuff within the first 30-45 seconds. Also, a good story to capture the producers/judges hearts is often a bonus (but not a requirement).

DSU’s CAMPUS TO COMMUNITY EVENT – THIS SATURDAY
On Saturday, December 5th DSUSA's Service Branch will be hosting its semi-annual Campus to Community event. This semester we will be volunteering with multiple Community Partners (Habitat for Humanity, Utah Food Bank, Doctors
Free Clinic and the Children of Hope Academy) to assist with various community service projects. **T-Shirts provided to all volunteers, and a light lunch will also be served.** Meet in the Student Activity Center Parking lot at **noon, December 5th**, to be assigned to one of the teams. If you have additional questions, contact Dillon McKinney, VP of Service at (435) 632-3689 or dsusaservice@dixie.edu

OPENINGS IN DSUSA

DSUSA (Dixie State University Student Association) announces they will have six open positions within the Student Senate, Service, and Public Relation branches of Student Government for Spring Semester. There will be open slots for a Visual & Performing Arts Senator, and also a CIT senator. In the Service Branch there is an opening for a Health and Lifestyle Service Leader and the Admin Assistant. Finally, in the Public Relations branch there are openings for a Social Media Manager and an Admin Assistant. If you are interested in applying for any of these positions please complete the application through the link below. Applications are open from December 1st through December 8th. Many of these positions include a scholarship or stipend. Apply at: [https://orgsync.com/37044/forms/175289](https://orgsync.com/37044/forms/175289)

RAGING RED CONCERT

Raging Red will present their final semester concert on Thursday, December 10, 2015 in the Cox Auditorium at 7:30 pm. This will be an awesome evening of energy-filled entertainment. It is family friendly and lasts about 70 minutes. So bring your friends and spend the evening with us. Admission is only $5.

HOLLAND BUILDING HOURS FOR FINALS WEEK

The HCC building hours for finals week are altered on Saturday Dec. 12th, Sunday Dec. 13th, and Friday Dec. 18th; so students can have increased access to the building and its study environment. The hours of the building during finals are as follows:
- **Saturday Dec. 12th** - 12 p.m. to 9 p.m.
- **Sunday Dec. 13th** – 12 p.m. to 12 a.m.
- **Friday Dec. 18th** – 6:45 a.m. to 5 p.m.

THE “D” BOOK

With so many things to do at Dixie State University and around the St. George area, the DSU Student Alumni Association (SAA) made a bucket list for you! This book was created with you in mind, and to help you successfully make lasting connections with fellow students, faculty, staff, and alumni of Dixie State University! As you complete the traditions in the D Book you will become a Dixie Tradition Keeper, and better understand the fundamentals and values of the Dixie. Take advantage of this opportunity to engage in the diverse and enriching opportunities DSU has to offer. To get your free copy of the D Book, visit: [dixie.edu/dbook](http://dixie.edu/dbook) and click Enroll Now!

DO YOU HAVE MONO?

In recent weeks we have had a number of individuals in Southern Utah diagnosed with mononucleosis. It is vitally important to seek treatment right away if you feel you might have **mono**. Symptoms of **mono** are different in the beginning of the illness compared to later in the course of the illness. Initial symptoms (within the first 3 days) include chills, loss of appetite, and a lack of energy. More intense symptoms usually occur after the first three days and include swollen lymph nodes in the neck, fever, swollen tonsils, and a severe sore throat. Mononucleosis (otherwise known as **mono**, or the kissing disease) is highly contagious, and can lead to further liver complications if not addressed. Students should refrain from sharing straws or other beverage containers as it is most commonly spread by casual contact via saliva, and it has a 4-6 week incubation period – which means many students may already be infected and not know it. **Mono** is a viral illness and antiviral drugs are not effective for treatment. Management of this illness generally focuses on symptom relief. Aches, pains, fever, and headache should be treated with acetaminophen (Tylenol), plenty of rest, sleep, and an over-hydration of fluids. If you feel you might be suffering from **mono**, please seek medical diagnosis, and then take the “break” to get well. Upon return to campus, if you are still uncertain about whether or not you might have **mono**, please call the Health and Wellness Center at 435-652-7756 to schedule an appointment.

HOLIDAY HOURS – Health and Wellness Center

The Health and Wellness will be CLOSED the following dates:
- Nov 25 - 29  Thanksgiving Break
- Dec 19 - Jan 6  Christmas Break

SUPPORT GROUPS at the Health and Wellness Center -- FRIDAY
The therapists at the Health and Wellness Center will hold several additional support groups this semester. The main topic is *Stress and Anxiety Management*. Each group will cover a different skill or technique to help you better understand and cope with stress and anxiety in a healthy way. Groups are free to DSU students, and held each **Friday at 3:00 pm**.

12/4  Contain your Worry; healthy thoughts lead to healthy behaviors  
12/11  Balancing your life and making a plan  
12/18  Process Group – Last day of classes  

**FINALS SCHEDULE**  
We hope you had a wonderful Thanksgiving break, and now it’s only a few weeks until finals. Take a moment to familiarize yourself with the finals schedule:  [https://dixie.edu/fye/final_exams.php](https://dixie.edu/fye/final_exams.php)

**ADVOCACY FOR SURVIVORS OF SEXUAL ASSAULT**  
The Dove Center is providing advocacy for survivors of sexual assault through the Women’s Resource Center. On Wednesdays from 3-5 p.m. in Holland #489 until December 16, 2015

**LOOKING FOR A JOB?**  
Visit the DSU Career Center Digital Employment Board.  [www.dixie.edu/career](http://www.dixie.edu/career) then click on “employment” and “student jobs” for an up-to-date listing of jobs currently available for students.

**FREE DENTAL BENEFIT FOR DSU STUDENTS**  
We are pleased to announce that DSU has made available to you, a unique dental benefit that covers you and members of your immediate family. There is absolutely NO COST to participate in this program and you will receive an average of a 20% discount on your dental services. To enroll and receive your free benefits card, visit the DSU Health and Wellness Center.

**SEXUAL VIOLENCE PREVENTION TRAINING**  
The Dixie State University (DSU) Office of Title IX Clery Act & Compliance exists to educate and prevent gender inequity, sexual discrimination, sexual harassment, sexual abuse, and sexual assault. You can complete an online complaint form at:  [https://www.dixie.edu/titleixcleryact/incident_report_form.php](https://www.dixie.edu/titleixcleryact/incident_report_form.php). We are also excited to announce that students will soon be able to receive on-line training regarding healthy relationships, and how to protect yourself or deter possible incidences sexual assault. Look for a SAFE COLLEGES invitation coming to you in the next few weeks. If you feel your rights have been violated, if you witness any of the aforementioned incidences, or if someone you know has been a victim of sexual assault, please contact Cindy Cole in the North Administration Building or by calling 435-652-7731.

**THE WORKSHOP SERIES**  
The Dixie State Student Success Center presents a *Test Preparation & Stress Management* workshop. Relieve some stress and get prepped for finals week! Join our peer mentors for our last fun & interactive workshop. Hope to see you there!  **Thursday, December 3rd @ 2:30 pm**  
Gardner Center Conference Room D  
Refreshments will be served!