

## PSYCHOLOGY PROGRAM

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### Program Description

Psychology is a hub science with a humanistic core. What this means is that psychology lay at the crossroads of multiple disciplines and perspectives. While students of biology examine what it means to be human from a biological/evolutionary perspective, students of sociology and anthropology from a cultural perspective, students of philosophy from a philosophical perspective, students of literature from a deeply personal perspective, and students of religion (and philosophy) from a moral perspective, the student of psychology realizes that a

full understanding of what it means to be human can only be obtained by combining all of these perspectives. As a discipline, that is exactly what psychology attempts to do.

While a major in psychology is valuable because it brings one closer to unraveling the complexities of human nature, it is not more than an intellectual pursuit. Those who study psychology are well positioned to solve important practical problems and to help people. For example, psychologists attempt to empower individuals and families to battle mental illness, drug dependence and addiction, or meet the challenges of marriage and family, school and work. Psychologists work in business settings to design effective organizational structures, systems of reward and recognition, and to facilitate effective leadership, productivity, and employee well-being. Psychologists work in legal settings as jury consultants and expert witnesses. Still other psychologists work with athletes, artists, or business executives to facilitate performance and achievement.

The psychology degree program at Dixie State College contributes to these potential outcomes in at least three ways. First, as a psychology major you will be encouraged to embrace the value of a strong foundation in the liberal arts and sciences through the College's general education program. The general education courses you take provide an essential foundation for more focused study in psychology. Your general education courses will provide you with exposure to the multiple perspectives (biological, philosophical, etc.) that converge in psychology. The general education program will also provide a foundation of essential academic and intellectual skills that will be further developed in psychology, including critical thinking, effective communication, information literacy, and statistical literacy.

Second, as a psychology major you will have significant freedom to explore multiple disciplines in-depth according to your own interests in psychology. This allows you to deepen your foundation in the liberal arts and sciences by taking more advanced elective courses in the fine arts and humanities, literature, communication, the physical and natural sciences, the social and behavioral sciences, and business, among others.

Third, the psychology degree requirements include a rigorous set of core courses that are essential to your development as a student of psychology. Whatever your specific interests within psychology, the core courses comprise what the faculty feel are an essential foundation to more advanced study and understanding. Our degree requirements also allow you to explore the depth and diversity of psychology through upper-division course-work in the primary research areas which include social, developmental, biological, cognitive, clinical/counseling, and applied psychology. It is here that you will receive exposure to and experience with all that psychology, as an academic discipline, and an applied science, has to offer.

Finally, as a psychology major you will have multiple opportunities for hands-on experiences, close student-faculty relationships, and social engagement both informally and through membership in the psychology club. As a psychology major you will find a faculty who are committed to the intellectual, professional, and personal development of every student, whatever their ultimate goals may be.

The Psychology Program at Dixie State College is committed to the following:

- Developing students who value the search for knowledge by means of scientific methods and research and providing students with the knowledge and skills to do so.

- Developing students who appreciate and understand that behavior results from a complex interaction between physiological systems, genetic influences, experiential and environmental factors and social forces.
- Developing students whose understanding of psychology reflects an integration of a variety of theoretical perspectives.
- Developing students who understand the principles of psychology within a broad liberal arts and science perspective.
- Developing students who appreciate the power of applied psychology to foster physical, psychological, and communal well-being.
- Inspiring students to act ethically as scholars and as future practitioners of psychology.
- Inspiring students to value and to use critical thinking as students, scholars, consumers of media, and targets of influence.
- Inspiring students to commit themselves to a lifetime pursuit of knowledge and understanding.

**Course Prefixes**

- PSY, SW

**Degrees & Certificates**

- Bachelor of Arts in Psychology
- Bachelor of Science in Psychology

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**Bachelor of Arts in Psychology**

120 credits

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The Bachelor of Arts in Psychology has six basic components:

1. General Education & Institutional Requirements
2. Foreign Language Requirement
3. Core Psychology Requirements
4. Psychology Research Area Requirements
5. Psychology Elective Requirements
6. Other Electives

**General Education & Institutional Requirements**

All DSC General Education and Institutional requirements must be fulfilled. A previously earned degree **may** fulfill those requirements, but courses must be equivalent to DSC's minimum General Education standards in American Institutions, English, and Mathematics.

**Institutional Requirement**

Complete **one** of the following:

CIS 1200	Computer Literacy	3
CIS 1201	Computer Literacy Exam	0

**General Education Requirements**

Complete the following:

ENGL 1010	Intro to Writing	3
ENGL 2010	Intermediate Writing	3
LIB 1010	Information Literacy	1
MATH 1040	Intro to Statistics	3
American Institutions GE course		3
Life Sciences GE course		3-5
Physical Sciences course		3-5
Laboratory Science GE course		0-1
Fine Arts GE course		3
Literature/Humanities GE course		3
Social & Behavioral Sciences GE course		3
Exploration GE course		3-5
Two (2) Global & Cultural Perspectives GE courses		0-6

**Foreign Language Requirement**

Complete the following:

**16 credits** in a single foreign language (excluding ASL) through college courses, vertical credit, or examination

**Core Psychology Requirements**

Complete the following:

PSY 1010	General Psychology	3
PSY 2000	Writing in Psychology, APA Style	3
PSY 3000	Statistical Methods in Psychology	4
PSY 3010	Research Methods in Psychology	4
PSY 4000	History of Psychology	3

Complete **one** of the following:

PSY 4910	Capstone Research in Psychology	3
PSY 4920	Capstone Seminar in Psychology	3

**Research Area Requirements**

Complete **two** of the following:

PSY 3200	Development in Infancy & Childhood	3
PSY 3220	Psy of Adolescence & Emerging Adult	3
PSY 3230	Adult Development & Aging	3
PSY 3410	Social Psychology	3
PSY 3700	Personality Theory	3

Complete **two** of the following:

PSY 3120	Cognitive Psychology	3
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PSY 3710	Behavioral Neuroscience	3
PSY 4130	Interpersonal Neuroscience	3
PSY 4140	Cognitive Neuroscience	3
PSY 4150	Sensation & Perception	3

Complete **two** of the following:

PSY 3400	Psychology of Abnormal Behavior	3
PSY 3440	Child & Family Mental Health	3
PSY 3460	Health Psychology	3
PSY 4300	Intro to Counseling & Psychotherapy	4
PSY 4400	Addiction	3

### Psychology Electives

Complete a minimum of **9 credits** of additional PSY courses (**6 credits** must be upper-division)

### Graduation Requirements

1. Complete a minimum of 120 college-level credits (1000 and above).
2. Complete at least 40 upper-division credits (3000 and above).
3. Complete at least 30 upper-division credits at DSC for institutional residency.
4. Cumulative GPA 2.0 or higher.
5. Grade C or higher in each Core Discipline, Research Area, and Psychology Elective Requirement course.

## Bachelor of Science in Psychology

120 credits

The Bachelor of Science in Psychology has five basic components:

1. General Education & Institutional Requirements
2. Core Psychology Requirements
3. Psychology Research Area Requirements
4. Psychology Elective Requirements
5. Other Electives

### General Education & Institutional Requirements

All DSC General Education and Institutional requirements must be fulfilled. A previously earned degree **may** fulfill those requirements, but courses must be equivalent to DSC's minimum General Education standards in American Institutions, English, and Mathematics.

### Institutional Requirement

Complete **one** of the following:

CIS 1200	Computer Literacy	3
CIS 1201	Computer Literacy Exam	0

### General Education Requirements

Complete the following:

ENGL 1010	Intro to Writing	3
ENGL 2010	Intermediate Writing	3
LIB 1010	Information Literacy	1
MATH 1040	Intro to Statistics	3
American Institutions GE course		3
Life Sciences GE course		3-5
Physical Sciences course		3-5
Laboratory Science GE course		0-1
Fine Arts GE course		3
Literature/Humanities GE course		3
Social & Behavioral Sciences GE course		3
Exploration GE course		3-5
Two (2) Global & Cultural Perspectives GE courses		0-6

### Discipline Core Requirements

Complete the following:

PSY 1010	General Psychology	3
PSY 2000	Writing in Psychology, APA Style	3
PSY 3000	Statistical Methods in Psychology	4
PSY 3010	Research Methods in Psychology	4
PSY 4000	History of Psychology	3
PSY 4910	Capstone Research in Psychology	3

### Research Area Requirements

Complete **two** of the following:

PSY 3200	Devel in Infancy & Childhood	3
PSY 3220	Psy of Adolesc & EmergingAdult	3
PSY 3230	Adult Development & Aging	3
PSY 3410	Social Psychology	3
PSY 3700	Personality Theory	3

Complete **two** of the following:

PSY 3120	Cognitive Psychology	3
PSY 3710	Behavioral Neuroscience	3
PSY 4130	Interpersonal Neuroscience	3
PSY 4140	Cognitive Neuroscience	3
PSY 4150	Sensation & Perception	3

Complete **two** of the following:

PSY 3400	Psychology of Abnormal Behavior	3
PSY 3440	Child & Family Mental Health	3

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PSY 3460	Health Psychology	3
PSY 4300	Intro to Counseling & Psychotherapy	4
PSY 4400	Addiction	3

### Psychology Electives

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