

Intermediate Tennis

PEHR 2100

- Credit/Time:** One Semester Hour
- Prerequisites:** None
- Classroom:** Tennis Courts, Dixie State Campus, Rain delays will be held in the gym.
- Instructor:** Wayne P. Bullock, USPTA Certified, 2 time Doubles Champion Intermountain Junior College, Tennis Director at the Summit Athletic Club.
- Office:** Instructor is available before and after class or can be reached at the Summit Athletic Club 1532 E. 1450 S. ~ 435-628-5000
Email address: wprincetennis@hotmail.com
- Phone:** 435-628-5000 office
- Text:** Tennis Mastery, by Dave Smith; Publisher: Dave Smith 2004
- Course Description:** This course will provide the student with further emphasis on advance stroke production singles and doubles strategy and tournament play. As an activity class, students will learn tennis with the intent of developing a skill that will last a lifetime and will introduce the student to enjoy the sport socially, and/or competitively.
- Course Objectives:** At the completion of the course students will be able to:
1. Demonstrate singles and doubles strategy.
 2. Have a solid understanding of advance stroke production.
 3. Scoring, tie-breakers, no-ad scoring, super set, 8 game pro set.
- Course Structure:** Students will be advancing their strokes, strategy, footwork and knowledge of the game.
- Dress Code:** Modest and appropriate clothing is expected.

Grading Procedures:

Attendance is the central criterion with attitude and commitment to spending the time in developing the interest and skills that would be lasting. A mid-term and a final are required.

Final grades will be calculated as a percentage of a total of 100 points possible.

The outline below is the criterion used for this class

1. A student will receive **2.6 points per attendance** equaling 80% of the grade.
2. There will be an opportunity to make up two-class absences by attending a specially arranged Saturday make-up. (Ask instructor for more information)
3. A mid-term exam will be offered to students, which will represent 5% of the grade.
4. A final exam will be offered to students, which will represent 5% of the grade.
5. Attitude, participation, and development will be factored into the final grade worth 10%.

The final analysis is the student's need to have an appreciation and a better knowledge of the game. We want to inspire each student to learn the basic tennis fundamentals and skill development. Students will have the opportunity to improve their individual skill level. We hope to inspire the student to play tennis as a lifetime leisure activity using the proper fundamentals taught to them in this class. Beginner tennis will be presented as a fun, social and family activity.

Final grades will be calculated according to a standard department grading scale as follows:

A= 100-95%	A-= 94-91%	B+ = 90-88%	B= 87-84%	B- = 83-81%
C+ = 80-78%	C= 77-74%	C- =73-71%	D+ = 70-68%	D = 67-64%
D- = 67-60%	F= 59% or below			

Week 1

Instructor introduction. Discovering the advance foundation (Chapter 2). Review of all strokes: Volley, Serve, and Forehand & Backhand Ground strokes.
(Read Chapters 2, 8, 9, 10 and 11)

Week 2

Warm-ups (bounces and tosses) ~ Review of volley, Serve, and Forehand & Backhand Ground strokes. Drills involving footwork and strategy.

Week 3

Warm-ups (bounces and tosses) ~ Singles Strategy, Ground stroke drills, and serves

Week 4

Warm-ups (bounces and tosses) ~ Continue Singles Strategy, \$100,000 Shot.

Week 5

Warm-ups (bounces and tosses) ~ Singles tournament, Class Ladder established, challenge matches

Week 6

Warm-ups (bounces and tosses) ~ Introduction to Doubles Strategy, Serve and Volley

Week 7

Warm-ups (bounces and tosses) ~ Doubles Strategy, Review of serve and volley, Doubles drills.

Week 8

Warm-ups (bounces and tosses) ~ Doubles Strategy, Approach shot, controlling the net.

Week 9

Warm-ups (bounces and tosses) ~ Doubles Strategy. Overhead, Drop-shot drills, matches.

Week 10

Warm-ups (bounces and tosses) ~ Doubles Match Play, Class Tournament.

Week 11

Warm-ups (bounces and tosses) ~ High intensity drills, conditioning, liveball drills.

Week 12

Warm-ups (bounces and tosses) ~ High intensity drills, conditioning, liveball drills.

Week 13

Warm-ups (bounces and tosses) ~ High intensity drills, conditioning, liveball drills.

Week 14

Warm-ups (bounces and tosses) ~ Review for final, match play

Week 15

Final Exam.