

PEHR 1130/1131: Beginning Golf Syllabus Fall 2006

Instructor and Course Information:

Instructor: Maureen Eckroth Email: eckroth@dixie.edu Phone:652-7569
Office: Gym Office hours for student appointments: MW 8-10am

Course Credits: 1

Location of class: Gym 102 and Southgate Golf Course

Meeting times for class: MW 2-3:15

Beginning/Ending dates for course: Aug.23-Dec. 11

Pre/Co-requisites for this course:

Required Publications, Textbook for class: A set of golf clubs is required.

Course Description:

This class is designed to teach all the basic fundamentals of golf. Topics will include: rules, etiquette, terminology, grip/stance/alignment/posture, putting, short game, wood and iron play.

Department and Course Objectives:

All PEHR courses have the following objectives:

- A. Enhance development of physical, mental, social, and emotional well-being through physical education;
- B. Be supported to develop personal, lifelong commitment to physical activity for the long range health benefits;
- C. Develop competencies in athletic activities that will bring greater satisfaction to participation in athletics;
- D.** Demonstrate an understanding of physiology that promotes safety in physical exercise;
- E. Develop a fitness plan pertinent to the physical activity of the course, as applicable

Course Objectives:

Each student at the completion of the class should be able to play the game of golf at any golf course they choose. Each student will learn and develop their own unique golf swing through class participation, skills tests, reading assignment, actual golf round and written final.

Grading Criteria

Grades are based a total of points earned in class:

Attendance/Participation	200 points
4 skills tests (4x30)	120 points
Reading Assignment/Drill	30 points
9/18 hole golf round	50 points
Written Final	100 points

EXTRA CREDIT: 5 POINTS FOR EACH EXTRA BUCKET OF BALLS YOU HIT ON YOUR OWN. MUST TURN IN RECEIPT.

The grade will be given based upon the following point totals:

A = 470-500 B+ = 440-454 C+ = 390-404 D+ = 340-354 F = Below 300
A- = 455-469 B = 420-439 C = 370-389 D = 320-339
B- = 405-419 C- = 355-369 D- = 300-319

Institutional and Class Policies

ACADEMIC INTEGRITY: Failure to comply with academic integrity, honesty, and behavior standards of Dixie College may result in course failure or administrative withdrawal from the class. Don't be cheating. Inappropriate classroom behavior may also result in an administrative withdrawal.

Attendance Policy- There is an attendance requirement for the class. You will find that if you don't attend, you will lose points for missed quizzes, for classroom activities, and for the assignments that are due that day. It's hard to get a good grade in this class without being there. Each student will be allowed to miss 2 classes without forfeiting points for that day. This does not include days that a skills test, final or reading assignment is due.

Withdrawal for disruptive behavior policy- Disruptive behavior in class may also lead to an administrative withdrawal. Disruptive behavior is defined as any behavior that interferes with the teacher's ability to teach or the learning of other students. You will be notified of your withdrawal in this way:

1. A verbal request to comply with behavioral expectations of the class.
2. One written 'warning' letting you know that you have not made the required behavioral adjustment.
3. Administrative withdrawal.

Withdrawal from class- If you decide to withdraw from class, it is your obligation to formally do so through the registrar's office to make sure you are not still on the role for the class.

Student Support Services

If you are a student with a medical, psychological, or learning disability and would like accommodations, contact Sherri Dial at the Disability Resource Center (652-7516) in the Student Services center. The Disability Resource Center will determine your eligibility and determine the appropriate accommodations related to your disability.

If you need help with writing papers, you can physically go to the writing lab in the Browning Learning Center, room 105. You can also reach the Online Writing Center by going to <http://dsc.dixie.edu/owl/>.

Drop in tutoring is available to all registered Dixie State College students. Inquire at <http://dsc.dixie.edu/tutoring/index/htm>

If you need help from a librarian, access this site: <Http://library.dixie.edu/>

Course Outline:

PEHP 1130/1131: BEGINNING GOLF/INTERMEDIATE GOLF

Instructor: Maureen Eckroth eckroth@dixie.edu Office: Gym
Course Outline Fall 2006 Southgate Golf Course/except noted

Date	EMPHASIS	SKILLS TEST	READING ASSIGNMENT	9/18 HOLE SCORE
Wednesday Aug. 23	REVIEW SYLLABUS			
Monday Aug. 28	Gym 102 Terminology/Intro equip./rules/safety			
Wednesday Aug. 30	Putting/Southgate			
Wednesday Sept. 6		putting		
Monday Sept. 11	Basic Swing- Grip/Stance/Align./Posture			
Wednesday Sept. 13	Full swing/ball flight laws			
Monday Sept. 18	Short game/wedge play			
Wednesday Sept. 20	Short game bunker play			
Monday Sept.25	Short game chip and run		Golf article due on Oct. 2 with drill	
Wednesday Sept. 27		Short game		
Monday Oct. 2	Practice Drills from articles			
Wednesday Oct. 4	Practice drills from articles			
Monday Oct. 9	Full swing			
Wednesday Oct.11	Review Short Game shots			
Monday Oct. 16	Review Putting			
Wednesday Oct. 18		Up and downs		
Monday Oct. 23	Fairway woods			
Wednesday Oct 25	Driver			
Monday Oct 30	Full Swing-All Clubs			
Wednesday Nov 1		Driver and Fairway Woods		
Monday Nov 6	How to practice			

Wednesday Nov 8	Individual help on specific problems			
Monday Nov 13	Individual help			
Wednesday Nov 15	Review all rules and etiquette			
Monday Nov 20				9 holes (either 20 th or 27 th -)
Monday Nov 27				9 holes (either 20 th or 27 th -)
Wednesday Nov 29	Turn in score cards signed by pro shop. Course Management			
Monday Dec 4	Final Golf course day.			
Wednesday Dec 6	Review for final Room 102			
Monday Dec 11	Written Final Room 102			